



“Every time I think of you, I thank my God. And whenever I mention you in my prayers, it makes me happy. This is because you have taken part with me in spreading the good news from the first day you heard about it.” Philippians 1:3-5

The Apostle Paul needed partners. Missionaries today need partners, also. We have an opportunity to partner with the Samburu Medical Ministry in Kenya. by

praying for the Samburu people, for the medical work, for the missionaries and national staff,
giving to the “*Herding for Health*” goat project so that the ministry might be sustainable, and
going on a mission trip to Samburu District to learn, work, pray or teach.



Insert 1, front



I like to sleep outside and look up at the stars at night. I think of the stars as being the eyes of God,” a camel herder muses.

Samburu people are close cousins of the *Maasai*. They and their Rendille neighbors are pastoralists; their entire world revolves around their life with grazing animals. Cows, goats, camels and sheep are the center of their daily lives. The Samburu and Rendille eat mainly milk, blood and meat - food they get from their animals. They eat honey, maize and drink tea, too.

Samburu Tea

Mix three parts strong black tea with one part whole milk.
 Add several teaspoons of sugar to make it nice and sweet.

The “*Herding for Health*” project is an income generation project that will help finance the dispensary and clinic sites. 500 goats are needed to get this project running. Samburu herders are in place to take care of the animals. The goal is to increase the herd and then after a year sell some of the animals for a profit. Each goat costs approximately \$10.00.

Round-up time!

Count these things in your house, then go count your pennies!
 Band-aids - 1cent * Faucets - 5 cents * Pill bottles - 5 cents
 Hot water - 10 cents * Ice cubes - 25 cents * Soap - 10 cents

**LET'S GET
 BAA-CK TO
 HEALTH!**



Insert 1, back



“You have often heard me teach. Now I want you to tell these same things to followers who can be trusted to tell others.”
2Timothy 2:2

Supa! (Hello!) My name is Matthew. I am a camel herder by trade and a community health worker by profession. I don't know which job is harder. A runaway camel is very hard to catch, but people can be stubborn, too. They need to know how to stay healthy, and it's not easy teaching them to change bad habits.

- “Wash your hands before you eat.”
- “Boil your water before you drink it.”
- “Sterilize the gourd before you pour milk into it.”
- “Don't let the animals share the same watering hole that people use in the riverbed.”
- “Come to the dispensary to immunize the children.”
- “Girls need to go to school, too.”
- “Girls are people, too. Treat them as well as you treat your boys.”

These are just a few of the things I tell people. Remember, you have to change your bad habits to have good habits. And you just might get sick if you don't.



Insert 2. front



“It must be very hard for God to take care of us. I know how hard it is to take care of my goats and camels. They are very stubborn,”
aSamburu shepherd explains.

Samburu District is in the north central part of Kenya. Traditionally, the Samburu and Rendille have been able to herd their animals for a season, pack up all their belongings and then move on to another location suitable for grazing. But war, drought and famine have hindered that movement in recent history. Towns are springing up near wells and relief food must come in. Community health workers like Matthew (pictured above with his family) are helping people get through this hard time. “Pole, pole” or Swahili for “slowly, slowly” is how Matthew says his work is going.

Round-up time!
Count these things in your house, then go count your pennies!
Towels - 5 cents * Creams in a tube - 1 cent * 911 service - \$1
Bathtub - 25 cents * Refrigerator - 25 cents * Toilet-10 cents



Insert 2. back



“Do not withhold good from those who deserve it, when it is in your power to act.” Proverbs 3:27

Polio, tuberculosis, malnutrition, measles...all these diseases are preventable. It is in our power to immunize children against these killers. But we don't act soon enough sometimes. Johana was only 18 months old when she started to cough and cough. She had whooping cough. Her parents brought her to the dispensary at sunrise; she had been coughing all night. Her emaciated body was burning with fever and she was semi-comatose. When the staff at the dispensary saw her they knew that they would have to get her to the hospital as soon as possible. But it was six hours away. Johana didn't make it. Before a doctor could see her, she died in her mother's arms.

Whooping cough is preventable, even where there is no doctor. Johana was not immunized. Community health workers spread the word in Samburu District to immunize the children. Mobile clinics are set up in ten different sites making it easier for parents to come. The word is getting out, but not fast enough.



Insert 3. front

Think about it: About \$200 a month will immunize 100 children. One six-hour trip and hospital stay for one child costs \$100.



“I hope your cattle are well!” is a typical Samburu greeting. “Ache oleng” (thank you) would be the appropriate response.

Mobile clinics (above) and teaching sites (right) bring medical care to people who live far from the dispensary.



Samburu and Rendille people have lived as semi-nomadic people for hundreds of years. Imagine what it was like for Abraham, Isaac and Jacob herding their flocks and finding water at a well. That is what it is like in Samburu District. To work in this remote area in a culturally sensitive way and yet provide for their needs is a challenge. Missionaries and medical workers need wisdom.

Round-up time!

Count these things in your town, then go count your pennies!
 hospital - \$1.00 * doctor - \$1.00 * clinic - 50 cents * ambulance - 50 cents * police - 50 cents * fire station - 50 cents

**LET'S GET THE CHILDREN
 BAA-CK TO HEALTH!**

Ache oleng' to you!

Insert 3. back



"When Jesus landed and saw a large crowd, he had compassion on them and healed their sick." Matthew 14:14

Jesus got tired. But his compassion for the sick kept him going. Doctors, nurses and healers around the world need this compassion to keep going; it is tiring work. People get sick day and night, whether or not the health provider is rested or not.

In remote, rural Africa health dispensaries scattered here and there provide health care for people for miles around. It is not unheard of that people will bring in a sick relative having walked for days. There is no doctor there. The nearest doctor is a six-hour drive away.

Missionary nurses and the medical staff are on duty all the time. They get very tired. But they have compassion for the people of this land who would have nowhere to go for help unless they kept the doors open.



Insert 4. front

The dispensary site and the trusted Land Cruiser that has transported up to 17 people at one time.



"Are you the Kristo we have heard about?" a man asked when the nurse let him pay for his wife's treatment with a goat. (He had no cash.) "No," she said, "but I am not Christ, but I know him."

The World Mission Prayer League in partnership with the Evangelical Lutheran Church in Kenya has been working among the Samburu people since the early 1980s. Medical work has always been a part of the ministry. There are two dispensary sites, ten mobile clinic sites and four additional teaching sites scattered around the district. Between 30-150 people come to the mobile clinic sites to be seen by medical workers. Community health workers teach about nutrition, health, prenatal care, disease prevention, etc. at the teaching sites.



GOATS ARE CASH!
A hide will buy medicines. A fat goat will pay for a check-up and treatment.

Round-up time!

Count these things in your house, then go count your pennies!
car - 50 cents * bank account - 25 cents * allowance - 10 cents
checkbook - 25 cents * play money - ten cents * coin jar - 5 cents

Insert 4. back



“The blind receive sight, the lame walk, those who have leprosy are cured, the deaf hear, the dead are raised, and the good news is preached to the poor.” Matthew 11:5

Jesus always took special note of the handicapped and the poor he encountered. In many places in the world, including Samburu District, the sick and handicapped are kept for the most part out of sight. Many do not live beyond childhood. Some believe that sickness comes as a result of sin. But Jesus came to heal and restore! Bringing people to full health is modeling Jesus touch.

Naiseku lost her leg because of a strange disease. She was treated badly. But because of the love and compassion of the nurses and medical staff she now has a prosthetic leg and has resumed most of her normal duties. Jesus’ love is real to her because real people love her.



This little girl suffers from malaria. She is receiving treatment and will be running around with the goats before too long.

Insert 5. front



The Samburu and Rendille people are semi-nomadic. When the grazing is not good anymore for their animals, they pack up their houses and go somewhere else.

HERDING FOR HEALTH

The “*Herding for Health*” project will help the Samburu Medical Ministry finance itself. The goat pens are built. The herders are in place. They are hoping for 500 goats. After the herd has multiplied, many will be sold off and the profit can be used to pay salaries, keep the Land Cruiser running, buy supplies, etc.

LET’S HELP THEM GET BAA-CK TO HEALTH!

A goat costs around ten dollars, depending on the size, breed and age.

Round-up time!

How does your family make money? Count your pennies!
 steady income - 25 cents * chores to do - 15 cents * jobs in the family - 25 cents each * savings - 25 cents * gifts - 25 cents

ACHE OLENG’ TO YOU!

(“Thank you” in Samburu)

Insert 5. back